

## Standing and Sitting Positions for Playing

For stage playing a standing position may be adopted, when sufficient control of the plectrum has been gained. The right forearm is then brought nearer the tail piece in order to hold the Tenor Banjo steady.

For parades and out-door occasions this position becomes necessary. The instrument can then be supported by a light strap passed over the left shoulder; and under the right arm.

A sitting position must be adopted by the student in his early efforts, because of the ease and convenience in gaining control of the plectrum.

Orchestra work calls for this position. It is well to remark that the Tenor Banjo is much easier to play in a sitting position than a standing one, and for that reason the seated performer has an advantage.



The Standing Position



The Sitting Position

## The Pick or Plectrum and How to Hold it

Get a flexible or soft pick to start with. Place pick between the first finger of the right hand and thumb. It is not necessary to hold too firmly. If you allow it to give slightly and relax your wrist much can be accomplished in a very short and reasonable time. Always remember to arch the wrist about two inches from the bridge and to hold the pick in such a manner as to avoid a clicking and scratchy tone to the strings. A demonstration from a teacher will make this clearer.



How to Place the Pick



How to hold the Pick