



## How To Hold The Tenor-Banjo

Select a chair without arms, sit in a natural, easy and erect position, with the lower rim of the banjo resting on the right thigh, while the upper edge of the rim presses lightly against the body. \_\_\_Place the right forearm on this upper edge about two inches above the tailpiece.

### Position Of Left Hand

The left hand supports the banjo neck near the peg head, in what might be called the "fork of the hand" that is between the thumb and first finger. Do not let the palm of the hand touch the back of the fingerboard.

### How To Hold The Pick

A pick or plectrum for striking the strings is held by the thumb and first finger of the right hand, the right wrist must be arched so the pick will come in contact with the C or 4th string (see illustration) Do not stiffen the fingers \_\_\_Keep them relaxed.

## THE STROKES

Only two kinds of strokes are used, \_\_\_down and up. These strokes are easily mastered if the wrist has freedom in its motion, and for this reason the little finger should not rest on the banjo head.